

# Resolute Spirit Athletics 2014-2015

Registration/Release Form— Please print and fill out form Completely and return with payment. Payable to RSA.

Annual Registration Fees are **\$50** for All-Stars and Recreational Classes, all registration fees are non-refundable. MUST BE PAID AT THE TIME OF SIGN UP!

## For Office Use: - fill out completely

Amount Reg. Fee pd \_\_\_\_\_ Amount Tuition Pd \_\_\_\_\_  
Charge/Check # \_\_\_\_\_ Date Paid \_\_\_\_\_

**ENROLLED IN:** ☐ ALL-STAR CHEER TEAM  
☐ PRE-TEAM CHEER TEAM  
☐ TUMBLING CLASSES

**Class Name/ Level Enrolled in:** \_\_\_\_\_

**Class Day** \_\_\_\_\_ **Time** \_\_\_\_\_

How did you hear about us? \_\_\_\_\_  
Drive by, website, commercial, employee, RSA member, post card, event?

If a RSA member told you, who was it \_\_\_\_\_ (RSA Member).

Your Child's First and Last Name : \_\_\_\_\_

Gender: Female or Male Age \_\_\_\_\_ Birth date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

T-SHIRT SIZE: YS YM YL AS AM AL AXL

SPORTS BRA SIZE: YS YM YL AS AM AL AXL

SHORT SIZE: YS YM YL AS AM AL AXL

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Georgia Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Mother Cell #: \_\_\_\_\_ Father Cell: \_\_\_\_\_

Emergency Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

We communicate by e-mail 90% of the time—so please print your email **neatly** to make sure we get it right. Please list your most frequently checked.

Email \_\_\_\_\_

Email \_\_\_\_\_

## **RSA CHEER & DANCE TERMS AND CONDITIONS: \*Please initial in each space provided**

\_\_\_ **TUITION FEE** Our payment policy is as follows: ALL fees must be paid by check or money order **by the 1st** of

the month for the current month. There will be a late fee of \$15 assessed each month on the 2nd for any unpaid balance. **NO EXCEPTIONS.** If check is returned, participation in class will be denied until balance is brought current. Tuition can be paid at the front desk, through the mail slot to the left of the front door, by autodraft or by phone at 770.356.9636.

\_\_\_\_\_ **ANNUAL MEMBERSHIP FEE** of \$50 is non-refundable and must be paid along with the first month's tuition for  
\_\_\_\_\_ **EACH** student. Your child's membership fee will be owed again **EACH** year that your child is active in RSA.

\_\_\_\_\_ **NSF CHARGES** \$30 NSF charge for all returned checks.

\_\_\_\_\_ **DROPPING CLASSES** is permitted by a **MINIMUM 30 DAY WRITTEN NOTICE ONLY**. This should be given, mailed, or e-mailed to the office (phone calls or telling a coach is **not** sufficient). The office will provide you with written or emailed acknowledgement of your drop notice. You are continually enrolled in a class from month to month unless prior notice is received. You need to save the written or emailed acknowledgement of your drop notice. **If notification is not given, you are still responsible for payment of the class.** School teams are included in this policy.

\_\_\_\_\_ **MAKE-UP CLASSES:** There are **NO** refunds or discounts. If RSA must close for any reason, there will be a make-up class offered.

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Cheerleading and dance are reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Cheerleading is an anaerobic/aerobic activity which includes, but not limited to, jumping, stunting, motions, and tumbling. RSA strongly recommends each student undergoes a physical examination by his/her physician before beginning any cheerleading activities. Each student must inform their coach of all injuries and/or chronic conditions. Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. Injuries that can occur in cheerleading and dance include, but are not limited to, the following: blisters, muscle strains, ligament sprains, joint and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.

**Make sure you consistently abide by the following guidelines:**

1. NEVER stunt or tumble unless a coach or coach's designee is present.
2. Always practice in the presence of a qualified coach.
3. Always warm-up appropriately before cheering (practice and competitions).
4. Do not attempt a stunt that you do not know how to perform safely.
5. Always use attentive spotters when learning to stunt.
6. Always cheer in an area free from obstruction.
7. Do not stunt on uneven ground, wet surfaces or concrete.
8. Never talk, laugh, or mess around when performing a stunt.
9. Report all injuries to the coach as soon as they occur.
10. Follow all trainer and doctor recommendations.
11. Always wear shoes and clothing appropriate for cheerleading.
12. Never wear jewelry of any kind when cheering (practice and competitions).
13. Never chew gum or candy while cheering (practice and competitions).
14. Always have your hair secured away from face and shoulders.
15. Eat nutritious meals and get plenty of rest.
16. Always ask for assistance or advice at any time.

I have read the preceding warning. I thoroughly appreciate and understand the assumption of risks inherent in cheerleading participation. I acknowledge that my child is physically fit and voluntarily participating in this activity.

Student Signature : \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature : \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature : \_\_\_\_\_ Date: \_\_\_\_\_